

**ADVENTURES WITH KIT-PERU!**  
**FREQUENTLY ASKED QUESTIONS**

Notes in Brown  
were added Mar  
8th

**Updated as of Mar 8<sup>th</sup>—please check back for additions**

**What is the most appropriate type of luggage to bring?**

I prefer a backpack or duffel bag, as suitcases can be cumbersome and difficult to store in buses, etc.. Keep in mind that you will normally have to carry your own luggage on and off buses and trains and up and down hotel staircases. Suitcases with wheels may be awkward on dirt or cobblestone roads.

**Do your tours include international airfare?**

Travelers arrive from all over the world to begin our tours and it is not possible to include international airfare in our prices. We would be happy to help you arrange flights. Just ask for an air quote when making your booking.

**What happens when I get to Lima? (what happens if my flight is late etc)**

**Arrival**

We will have your arrival details. Pick up your bags and proceed through immigration. Our transfer drivers will meet you on the way out—past baggage and immigration. They'll have a sign with your name on it. They know your flight details and will check to see if its on time/delayed etc and adjust accordingly. If your flight gets in at 3 in the morning, there will be someone there to get you! I will meet you at the hotel.

In the extraordinary situation that there is no one there (stuff happens) don't panic. Have the airport staff put you into a taxi. Please pay for it USD will work. I'll reimburse you on arrival at the hotel. You will have my contact details (call me first if you can) as well as the hotel name and address in your final tour documents. I can't imagine you'll need to do this but it's always a good idea to have a plan B and C.

**Departure**

The tour finishes in Iquitos. We will transfer you to the Iquitos Airport on the 21<sup>st</sup> (or whatever day you decide to leave) for your flights to Lima and beyond. If you'd like us to book an overnight or 2 in Lima (or Iquitos?), please speak to Raelene at ATWT

**Please make sure Raelene at ATWT has your flight arrangements and any subsequent changes prior to departure**

### **What clothing should I pack for one of your adventures?**

We always recommend packing as light as possible however the specific requirements for your tour will vary widely depending on where and when you are traveling. Please see packing list below.

### **What vaccinations are recommended for this adventure?**

It's important that you receive the most accurate and up-to-date travel health information for the region you will be visiting. The only one qualified to provide you with this advice is your family physician or a specialist from a Travel Health clinic. Having said that, there is currently no yellow fever certification required in Peru. Please note there is malaria, dengue and yellow fever in the Amazon area. Our tour is not during rainy season so the risk is low. Bug juice with DEET is strongly recommended, and Malaria meds can be taken.

### **How many people can join a tour?**

We keep our group sizes low so you have the freedom to move around and get involved with your surroundings, as well as more personal attention from our local guides. Our maximum is 15 guests on this tour.

### **Can you provide me with a list of the hotels we will be staying at?**

The expected hotels are listed and linked in the itinerary available at [www.kitcross.ca](http://www.kitcross.ca) It may be necessary to change a hotel due to operational concerns but the substitution would be of the same quality or higher. Adventures with Kit reserves the right to change a hotel if needed.

### **Are airport transfers included?**

All airport transfers are included. The tour concludes in Iquitos so your departure transfer will be to the Iquitos airport. It's imperative for you to provide us with accurate flight details and update us if that changes. **Please download Whatsapp to your device** and we'll provide you with contact information in your final documents to let us know if there are any last minute changes

### **What type of ground transportation is used on your tours?**

In Peru we'll be using 2 local flights (tickets purchased on your behalf on booking), a Sprinter van or equivalent for the Colca Canyon tour to Puno, Peru Rail Titicaca Train to Cusco and Inca Rail in Voyageur Service to Machu Picchu and 360 service for the return to Cusco

## Who are my travelling companions?

It appears to be a motley crew of travellers from UK, OZ, US and maybe some Canadians. Ages range from 70 to approximately 30. They are all English speakers.

## Do I need to speak Spanish?

The cheeky answer to that is ‘No—that’s why you have me!’ It never hurts to have some of the language though. Here’s a free resource: [www.duolingo.com](http://www.duolingo.com) If you get the Spanish down you might want to take a stab at Burmese or Mongolian—I’m thinking ahead.

## .Can I book extra nights of hotel accommodation before or after my tour?

You bet! Strongly recommend you arrange to come in a day or two in advance. We can make those arrangements for you if you like and will try to get you space at the same hotel we’re using in Lima—Miraflores district. Are you thinking about the Galapagos at the end if it’s the only time you’ll be on the continent? Ask Raelene—she can likely find you something good.

## What about power?

I carry a small power bar with me to manage all my devices. Means I only need one adapter and power point. Power is 220 volt 60 hz but uses either the US style 2 pin (no ground pin) flat plug or the European 2 pin rounded plug.

Devices using heating elements (hair straighteners/dryers etc) are voltage specific. If your device needs 110 volts (from North America) you’ll fry it on 220 without a transformer—**NOT AN ADAPTER. Usual electronics such as computers, phones and cameras can use an adapter only.**



\*What the socket looks like



\*An Aussie power bar-needs 1 adapter to plug into photo 1 (either European or US 2 pin configuration)

## Is tipping included ?

All tips are included with the exception of the Tour Leader. Please speak to Raelene at [raelene@atwt.ca](mailto:raelene@atwt.ca) for current industry standard

## **Packing List**

Note: The best clothing for cold weather is either wool or synthetic materials in layers, as this is quick-drying and can keep heat in better. We suggest a base-layer, then a mid-layer such as a light fleece jacket or similar, then a windproof and waterproof layer.

Laundry is easy and cheap (send it out) so packing light is quite manageable. I avoid jeans because they take forever to dry and as a general rule in cold/wet weather—cotton is NOT your friend.

### **Cold weather (Arequipa to Cusco)**

- Long pants (2 pairs) quick dry and possibly zip off legs
- Long sleeved shirts (2 needed)
- Thermal base layer (2 sets needed)
- Socks
- Beanie or toque
- Mitts
- Rain gear
- Trainers or hiking shoes
- Fleece
- Down vest
- Windproof shell (my gortex raingear is this layer for me)
- sleepwear

**Warm Weather (Iquitos to Lima)** Combine this with your coldweather choices.

- Shorts.pants (1-2 pairs—could be your zip off pants?)
- Sandals or flipflops
- 2 x Tshirts
- 2 x longsleeved shirts
- Socks
- Light rain gear—a plastic poncho is a great idea
- Fleece
- Bathing suit

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Pre-departure information (required)

## Essentials:

- Binoculars (optional)
- Camera (With extra memory cards, ziploc bags for rain and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea,, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Locks for bags
- Moneybelt
- Outlet adapter (Peru uses the US style of outlet but at 220volts)
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Sleepwear
- Small travel towel

### \* emergency whistle

- Sunglasses
- Toiletries (Preferably biodegradable)
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

### \*Sun hat/bandana

TIP #1          Roll everything

TIP #2          Use some form of packing cell. I use ziplock freezer bags.

TIP #3          Under 23kg for checked bags.